

STAG LANE MEDICAL CENTRE

Newsletter September 2014 Volume 2 Issue 1

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INTRODUCTION

Welcome to our newsletter to inform you of practice news and healthcare related information.

Contents

1. Online Access to Patient Records
2. Care Plans
3. Flu & Pneumonia campaign 2014
4. Shingles & MMR Vaccination
5. Patient Group

The purpose of this newsletter is to provide information to you about the practice and health related matters



ONLINE ACCESS TO PATIENT RECORDS



FLU VACCINE

Online Access to Patient Records

Many of our patients are enjoying the benefits of EPS: ELECTRONIC PRESCRIPTION SERVICE and we also have online access to making appointments, ordering prescriptions but now also access to your medical record.

Please ask at reception for more details and information leaflet.

Please remember to keep your online login details and password secure.

Care Plans

We have completed several care plans for patients with complex multiple illnesses and are vulnerable or elderly. Please complete the patient questionnaires if you are a care plan patient or indeed a Carer for a care plan patient.

Last winter was another quiet flu season for England. However, some other countries experienced more severe flu, a reminder that flu can be dangerous and remains highly unpredictable. We must therefore guard against complacency and continue to improve vaccine uptake rates. From September 2014 the flu immunisation programme for patients aged 65 and over as well as high risk groups such as *heart patients, diabetes patients* (please see notice board for full list) has been extended to all healthy children *aged 2, 3, 4* years via a nasal vaccine. All *pregnant* women are recommended to receive the flu vaccine irrespective of their stage of pregnancy. *Carers* in receipt of a carer's allowance, or those who are the main carer of an elderly or disabled person whose welfare may be at risk if the carer falls ill also qualify. District Nurses will immunise the housebound.

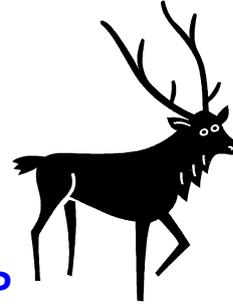
Pneumonia vaccine is also recommended for those aged over 65 and for high risk groups.

Book at reception with a Nurse please.

SHINGLES & MMR VACCINE



PATIENT REPRESENTATIVE



GROUP

Shingles (herpes zoster) vaccine: the high potency, live varicella-zoster vaccine, *zostavax*®, has been introduced on the immunisation schedule for the prevention of herpes zoster (shingles) in adults 70 and 78 and 79 years of age. A catch-up programme with *zostavax*® is also offered. A single dose of *zostavax*® is likely to give protection for at least 7 years, but the need for, or timing of a booster dose has not been established.

MMR Vaccine:

Measles, Mumps and Rubella are diseases that can be prevented by a single vaccine taken in two doses. All adults who have not had the vaccine are recommended to have this important vaccine (Note: pregnant women should avoid it whilst pregnant). A leaflet is available at reception.

We have an active PRG or Patient Forum.

The aim of this Patient Involvement Forum is to help improve the quality of our services by bringing to the practice the views and experiences of our patients.

The Forum meets 4 times a year supported by the practice.

We are especially interested in having younger members, those with young children, disabled patients and carers.

If you are interested in joining the Forum please contact the practice manager Mr Gorsia:

020 8204 0777

Thank you

**THE NEXT MEETING IS ON
13.11.2014 AT 6.30PM**

CHANGES TO THE PRACTICE



NEW REGULAR DOCTORS JOIN FROM 1.10.14:

DR SANDEEP SHAH MALE GP 2 DAYS A WEEK

DR LYNSEY SELMAN Female GP does one day a week

*New health care assistant **Miroslava** has joined the team. We also have new faces in reception and back office to help code and manage your information flow. **Sheetal** & **Omkar***

Please use the suggestion box to let us know about subjects you want to see in the next newsletter.

Stag Lane Medical Centre