

# KINGSBURYHEALTH AND WELLBEING

NEWSLETTER MAY 2016 ISSUE 1

245 STAG LANE, KINGSBURY, NW9 0EF

Phone 020 8204 0777 Fax 020 8206 0602

[www.kingsburyhealthandwellbeing.com](http://www.kingsburyhealthandwellbeing.com)

## INTRODUCTION

Welcome to our newsletter to inform you of practice news and healthcare related information.

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## Kingsbury Health & Wellbeing Centre

### DR AJIT SHAH RETIRES AS A PARTNER

Sadly Dr Ajit retired as a partner from 1.4.2016 although he continues to do regular sessions at the practice on a Tuesday and Thursday currently and is still the Clinical director for Kingsbury and Willesden Locality of the Brent CCG or Clinical Commissioning Group. He took over Primary Care Medical Centre in 1999 and moved to Kingsbury in July 2015. He is continuing to support the vision of the practice. We all wish him a restful retirement....



### Online Access to Patient Records



Many of our patients are enjoying the benefits of EPS: ELECTRONIC PRESCRIPTION SERVICE and we also have online access to making appointments for nurses, ordering prescriptions but now also access to your medical record.

Please ask at reception for more details and information leaflet.

*Please remember to keep your online login details and password secure.*

## Services

We are continuing to provide the daily access on the phone for GPs male and female and also face to face appointments in the GP Access Hub that we host 6-9pm Monday and Wednesday and also Saturday morning 9-12.

Health care assistants, nurses and GPs are providing clinical care.

We look after over 55 patients at Meera Nursing Home.

## SUMMER HEALTH

Please ensure as the warmer weather approaches you hydrate yourselves well and take sun protection precautions if you are prone to sun burn and to prevent the accumulative effect of sun damage like skin cancers and also skin ageing. We encourage you to walk and take "safe" sun exposure not least to boost your Vitamin D levels as well as general wellbeing.



## PATIENT PARTICIPATION GROUP (PPG)

We have an active PPG or Patient Forum.

The aim of this Patient Forum is to help improve the quality of our services by bringing to the practice the views and experiences of our patients. This group was fantastic at our recent CQC visit.

The next **Meeting of the Forum** is on 2<sup>nd</sup> June 2016 at 7:00 pm at the practice.

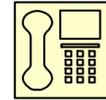
We are especially interested in having younger members, those with young children, disabled patients and carers.

**All are welcome Please join us Thank you**

## WELCOME TO NEW STAFF MEMBERS AND SOME RETURNERS:

Daxa Gami	Reception and Admin
Heather Hunte	Reception and Admin
Nikit Malde	Reception and Admin
Betty Toppin	Reception
Umesh Tewari	Phlebotomist

## GP ACCESS



Since 24<sup>th</sup> Feb 2015 we have been using in partnership with GP Access a system of telephone consultation with the GP before a face to face consultation.

Feedback from many patients is positive and we are continuing to try to improve call back times.

Thank you to all of you who are using the system.

At a time when GP numbers are low nationally if more patients can access GP advice (twice as many calls are made in the same time as face to face consultations) this has benefits for all.

### A few tips:

- Please update your contact details at the practice
- Please keep your phone free and available if you book a phone consultation.
- Please ensure you have all relevant information to hand.
- Please alert the reception staff if there are any problems.



## Travel

The practice offers a travel service and you can speak to or see Nurse Indu for advice.